



WORKING TOGETHER, LEARNING TOGETHER

**SCAT-PP**

## Social Care & Training - Portsmouth Partnership

Contact

Julie Gauntlett

Training Coordinator

Portsmouth City Council

Tel: 02392 841190

Email: [ASCLearning@portsmouthcc.gov.uk](mailto:ASCLearning@portsmouthcc.gov.uk)

**Bookings will only be made upon receipt of a completed nomination form**

### **Cancellation of training places**

To give those candidates on the waiting lists for courses every opportunity to attend we require 3 working days prior notice via email to cancel a confirmed place on a course.

**All non - attendance without 3 working days (Monday to Friday) prior notice remains payable.**

*If you require a course/workshop or a briefing session that isn't mentioned in this flyer, please contact Julie on the details above and we will do our best to accommodate your requirements.*



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or scan the QR code to get started.



## **FREE E-LEARNING**

### **Autism Developing Understanding and Implementing Practical Approaches (v1)**

It is important that autism is better recognised and understood, enabling inclusion, independence and well-being for people on the autism spectrum.

This module will provide information and practical suggestions to enable people who are on the autism spectrum, families, friends, colleagues and professionals, to adopt an approach which embraces difference and enables positive change.

This eLearning has been created by Autism Hampshire on behalf of the four local authorities - Southampton, Hampshire, Isle of Wight, and Portsmouth.

[Autism Developing Understanding and Implementing Practical Approaches Web  
\(autismhampshire.org.uk\)](http://autismhampshire.org.uk)



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## **CARE ACT DETAILED**

25 Jun 2026 - Civic Offices - 9:30am - 4:30pm - £44 per person

25 Mar 2027 - Civic Offices - 9:30am - 4:30pm - £44 per person

### **Who should attend?**

Adult Social Care Social Workers, Managers & OTs

### **Training objectives**

This course is aimed at Social Workers, OT's and Managers and will focus on key sections of the Care Act 2014

### **Learning outcomes**

By the end of this course participants will be able to:

- Work with examples on key sections of the Care Act, 2014, including eligibility, assessment, carers, advocacy, safeguarding (as related to Safeguarding Adult Reviews) and personal budgets
- Demonstrate how strength-based practice underpins the implementation of the Care Act
- Enhance practice in developing good quality outcomes based on identified needs and linked to the Care Plan
- Reflect on legal application of key areas of the Care Act, using case law, ombudsman reports and Safeguarding Adult Reviews
- Reflect on the Care Act and self-neglect using case studies
- Apply experience and knowledge of the Care Act to current practice to identify areas for best practice and how this can be achieved

## **CARE ACT ESSENTIALS**

16 Jun 2026 - Civic Offices - 9:30am - 4:30pm - £44 per person

10 Feb 2027 - Civic Offices - 9:30am - 4:30pm - £44 per person

### **Who should attend?**

Adult Social Care Social Workers, Managers & OTs

### **Training objectives**

This course will take a more detailed look at the Care Act 2014.

### **Learning outcomes**

By the end of this course participants will be able to:

- Recall the key principles of the Care Act and the duties and powers including promoting wellbeing, assessment and care planning, personal budgets, Safeguarding Adults Boards (SAB), Safeguarding Adults Reviews (SAR), and Ordinary Residence.
- Demonstrate knowledge of sections 5 (promoting diversity) and 10 (carers' assessments).
- Demonstrate tools that involve the person as fully as possible
- Demonstrate how to apply the advocacy duty
- Continue to utilise the strengths-based approach, including Making Safeguarding Personal (MSP) with the use of the ROPES and MASSOS Models.
- Identify the main section and guidance, of the Care Act, on people in prison and those who have been released from their sentence.
- Demonstrate they have met their Duty of Care.
- Demonstrate what good looks like.

## **CARER AWARENESS TRAINING - PORTSMOUTH CARERS SERVICE**

14 Oct 2026 - Carers Centre - 11:00am - 12:00pm - £0 per person

17 Mar 2027 - Carers Centre - 11:00am - 12:00pm - £0 per person

### **Who should attend?**

Frontline staff, Community workers, Student Social Workers, Health, social care and voluntary sector professionals, anyone working with adults, families, or communities in Portsmouth

### **Training objectives**

There are over 15,000 unpaid carers living in Portsmouth, and it is likely you will meet carers as part of your day-to-day work. Many carers do not identify themselves as carers and may be struggling in silence. Recognising carers early and connecting them to the right information and support can prevent carer stress, crisis, and breakdown.

This short, informative session will help you feel confident in identifying carers and knowing how best to support and signpost them.

### **Learning outcomes**

By the end of this course participants will be able to:

- Understanding who carers are – including *hidden carers* who may not see themselves as carers
- Practical ways to start conversations and offer the right information at the right time
- Why it matters and how to help carers plan for the unexpected
- What support is available locally and how carers can access it quickly
- Tools and information to support your role
- Find out what support is available and how the centre works in practice

## **DEMENTIA AWARENESS**

17 Nov 2026 - Virtual - 9:30am - 1:00pm - £44 per person

### **Who should attend?**

Anyone caring for or working with individuals suffering with Dementia.

### **Training objectives**

This course enables participants to understand what dementia is, to challenge myths and to develop the skills to communicate effectively with people with dementia and/or carers.

### **Learning outcomes**

By the end of this course participants will be able to:

- Understand the impact of dementia on individuals
- Understand the principles of person-centred dementia care
- Care for a person with dementia in a way that meets their individual needs that supports independence
- Communicate effectively and compassionately with individuals who have dementia
- Identify services that provide support, advice and information to people with dementia, their family and carers and how to refer people to these services

## **DEMENTIA - SUPPORTING PHYSICAL AND PSYCHOLOGICAL HEALTH OF PEOPLE WITH DEMENTIA**

10 Sep 2026 - Civic Offices - 9:30am - 4:30pm - £44 per person

This one-day course provides guidance on how to support people with dementia with basic care needs, how to recognise common medical issues and how to enable people with dementia to experience good psychological well-being

### **Who should attend?**

Anyone with an understanding of dementia and person-centred care who is involved in the care or support of people with dementia in any setting

### **Training objectives**

The aim of the course is to help you gain knowledge and confidence in supporting people with dementia to optimise their physical and psychological well-being. This will be achieved through an interactive session involving the use of PowerPoint, video, various group activities and handouts to back up all the learning.

### **Learning outcomes**

By the end of this course participants will be able to

- Recognise potential barriers to a person with dementia eating and drinking and know how to support nutrition and hydration
- Be aware of the risk of delirium, the ways delirium may present and steps that can be taken to prevent and treat delirium
- Understand the risk of depression in people with dementia
- Know how to recognise and manage pain in people with dementia
- Be able to support people with dementia with basic care needs such as washing, dressing and continence, in a way that also addresses psychological needs
- Understand the importance of monitoring the effects of medication taken by people with dementia
- Understand possible causes of stress and distress for people with dementia and know how to respond
- Be able to recognise and monitor signs of well-being and signs of ill-being shown by people with dementia

## **DEMENTIA - UNDERSTANDING BEHAVIOUR AND SUPPORTING COMMUNICATION**

Awaiting new date

This one-day course provides guidance on how to support people with dementia with communication and understand behaviours.

### **Who should attend?**

Anyone with an understanding of dementia and person-centred care who is involved in the care or support of people with dementia in any setting

### **Learning outcomes**

By the end of this course participants will be able to:

- Recognise the communication difficulties that can result from dementia and be able to adapt communication techniques to meet the needs of people with dementia.
- Be able to demonstrate active listening skills
- Know how to avoid or address potential barriers to effective communication with people with dementia
- Be able to respond helpfully to people with dementia who express beliefs relating to a different reality
- Know how to interpret and respond to strong feelings and unmet needs expressed through behaviour
- Be aware of an able to address a range of factors that can contribute to distressed behaviours

## **FIRST AID - BASIC LIFE SUPPORT**

Awaiting new dates

This course is for social care staff who are working towards the Care Certificate and do not require a full EFAW or FAW qualification.

### **Learning Outcomes**

You will be able to:

- State the role of the first aider including reference to: the importance of preventing cross infection
- The need for recording incidents and actions; use of available equipment
- Assess the situation and circumstances in order to act safely, promptly and effectively in an emergency
- Administer first aid to a casualty who is unconscious (including seizure)
- Administer cardiopulmonary resuscitation and demonstrate the safe use of an AED
- Administer first aid to a casualty who is choking

### **Practical Assessments**

Practical skills are an essential element of First Aid training. You will need to lie, kneel and get on and off the floor. Please contact us before the start of the course if you have any medical conditions or injuries which stop you or make it difficult for you to take part in these assessments. We will be able to discuss your requirements and offer advice.

### **Theory Assessments**

Depending on the course you are attending there may be theory assessments for you to take part in. If you have any issues around reading and writing, please contact us before the start of the course so that we can arrange additional support. Any information that you share with us will be treated as strictly confidential.

### **Dress Code**

Please ensure that you are dressed appropriately for a practical First Aid course. The following items of clothing might compromise your safety/dignity and so are best avoided:

Low cut tops or blouses, short skirts, short shorts, open toe shoes. If you arrive dressed in any of the above the trainer may ask you to leave and return on a different day (a charge may be incurred).

### **Identification**

Due to a change in requirements it is now essential that participants on any First Aid course take with them on the first day one of the following:

Picture Driving Licence

Passport

A signed credit card/debit card is acceptable if you are a non-driver and do not hold a passport  
Work ID

## **FIRST AID - EMERGENCY FIRST AID AT WORK - LEVEL 3 RQF (1 DAY)**

20 Jul 2026 - Civic Offices - 9:30am - 4:30pm - £70 per person

23 Sep 2026 - Civic Offices - 9:30am - 4:30pm - £70 per person

22 Oct 2026 - Civic Offices - 9:30am - 4:30pm - £70 per person

20 Nov 2026 - Civic Offices - 9:30am - 4:30pm - £70 per person

This course will provide a three-year qualification in Emergency First Aid at Work (EFAW) for staff who are either coming to the end of their existing EFAW qualification or for staff who do not have a EFAW qualification and require it for their job role.

### **Learning outcomes**

By the end of this course participants will be able to:

- State the role of the first aider including reference to: the importance of preventing cross infection; the need for recording incidents and actions; use of available equipment
- Assess the situation and circumstances to act safely, promptly and effectively in an emergency
- Administer first aid to a casualty who is unconscious (including seizure)
- Administer cardiopulmonary resuscitation and demonstrate the safe use of an AED
- Administer first aid to a casualty who is choking
- Administer first aid to a casualty who is wounded and bleeding
- Administer first aid to a casualty who has a catastrophic bleed (optional module)
- Administer first aid to a casualty who is suffering from shock
- Provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters)

### **Practical Assessments**

Practical skills are an essential element of First Aid training. You will need to lie, kneel and get on and from the floor. Please contact us before the start of the course if you have any medical conditions or injuries which stop you or make it difficult for you to take part in these assessments. We will be able to discuss your requirements and offer advice.

### **Theory Assessments**

Depending on the course you are attending there maybe theory assessments for you to take part in.

If you have any issues around reading and writing, please contact us before the start of the course so that we can arrange additional support. Any information that you share with us will be treated as strictly confidential.

### **Dress Code**

Please ensure that you are dressed appropriately for a practical First Aid course. The following items of clothing might compromise your safety/dignity and so are best avoided:

- Low cut tops or blouses
- Short skirts
- Short shorts
- Open toe shoes



If you arrive dressed in any of the above the trainer may ask you to leave and return on a different day (a charge may be incurred).

**Identification**

Due to a change in requirements it is now essential that participants on any First Aid course take with them on the first day one of the following:

Picture Driving Licence

Passport

A signed credit card/debit card is acceptable if you are a non-driver and do not hold a passport

Work ID

## **FIRST AID AT WORK (3 DAYS)**

13, 14 & 15 Oct 2026 - Civic Offices - 9:30am - 4:30pm - £210 per person

The First Aid at Work (FAW) course will allow delegates to act as a qualified first aider in the workplace. This course will give delegates the Level 3 First at Work qualification, accredited by Quallsafe awards.

There is no need to attend Emergency First Aid at Work (EFAW) before attending this course. If you already hold the EFAW qualification, please contact the administrator of the course before booking.

If you are already FAW qualified and need to requalify please look for the First Aid at Work Requalification course. This is a two-day course open to people who are approaching the end of their three-year FAW qualification.

### **Learning outcomes**

By the end of this course participants will be able to:

- State the role of the first aider including reference to: the importance of preventing cross
- Infection; the need for recording incidents and actions; use of available equipment
- Assess the situation and circumstances to act safely, promptly and effectively in an emergency
- Administer first aid to a casualty who is unconscious (including seizure)
- Administer cardiopulmonary resuscitation and demonstrate the safe use of an AED
- Administer first aid to a casualty who is choking
- Administer first aid to a casualty who is wounded and bleeding
- Administer first aid to a casualty who has a catastrophic bleed
- Administer first aid to a casualty who is suffering from shock
- Provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters)
- Administer first aid to a casualty with: injuries to bones, muscles and joints, including suspected spinal injuries; chest injuries; burns and scalds; eye injuries; sudden poisoning; anaphylactic shock
- Recognise the presence of major illness and provide appropriate first aid (including heart attack, stroke, epilepsy, asthma, diabetes)

### **Additional Information**

#### **Practical Assessments**

Practical skills are an essential element of First Aid training. You will need to lie, kneel and get on and off the floor. Please contact us before the start of the course if you have any medical conditions or injuries which stop you or make it difficult for you to take part in these assessments. We will be able to discuss your requirements and offer advice.

## **Theory Assessments**

Depending on the course you are attending there maybe theory assessments for you to take part in.

If you have any issues around reading and writing, please contact us before the start of the course so that we can arrange additional support. Any information that you share with us will be treated as strictly confidential.

## **Dress Code**

Please ensure that you are dressed appropriately for a practical First Aid course. The following items of clothing might compromise your safety/dignity and so are best avoided:

- Low cut tops or blouses
- Short skirts
- Short shorts
- Open toe shoes

If you arrive dressed in any of the above the trainer may ask you to leave and return on a different day (a charge may be incurred).

## **Identification**

Due to a change in requirements it is now essential that participants on any First Aid course take with them on the first day one of the following:

- Picture Driving Licence
- Passport
- Work ID

A signed credit card/debit card is acceptable if you are a non-driver and do not hold a passport

## **HANDLING OF PEOPLE - INDUCTION (THEORY AND PRACTICE)**

21 May 2026 - Civic Offices - 9:30am - 4:30pm - £44 per person

29 Jun 2026 - Civic Offices - 9:30am - 4:30pm - £44 per person

20 Aug 2026 - Civic Offices - 9:30am - 4:30pm - £44 per person

29 Sep 2026 - Civic Offices - 9:30am - 4:30pm - £44 per person

09 Nov 2026 - Civic Offices - 9:30am - 4:30pm - £44 per person

### **Course Description**

The aim of this course is to ensure participants can move and handle individuals safely and effectively.

### **Who Should Attend?**

You can attend this course if you are new staff working for PCC or the private sector. Your role should directly or indirectly involve the handling of people. Ideally the posture awareness workbook should be read prior to the course

### **Training objectives**

- To introduce the legislation, we work under and what your responsibilities are.
- To balance safety, wellbeing and proportionate care principles and understand risk assessments.
- To understand risks and hazards and how we minimise them in accordance with legislation.
- To provide practical demonstrations to encompass basic principles of moving and handling, safe use of equipment and to provide optional solutions to reduce risks when manual handling people.

### **Learning outcomes**

By the end of this course participants will be able to:

- Define how the current legislation relates to our practice and the responsibilities we have to work in accordance to it.
- Demonstrate how to identify risks and hazards and relate these to safe working practice, when using equipment and manual handling people.
- Demonstrate how anatomy and physiology is linked to safe principles and wellbeing in relation to moving and handling individuals.
- Know where to seek advice from and/or involve others when moving and handling risks are identified.

### **Additional Information**

Please note, considering the practical element of the course, low-heeled shoes that support all the foot and no tight clothing should be worn. Managers should ensure that the staff they nominate are in a state of physical fitness commensurate with being able to undertake the practical elements of this course safely. If in doubt when nominating an individual or needing clarification about the state of physical fitness required undertaking the course safely, please discuss with the Moving and Handling Trainer/Advisor [Karen.Ellins@portsmouthcc.gov.uk](mailto:Karen.Ellins@portsmouthcc.gov.uk) prior to the course.

## **HANDLING OF PEOPLE REFRESHER (THEORY AND PRACTICE)**

28 Jul 2026 - Civic Offices - 9:30am - 12:30pm - £44 per person

03 Sep 2026 - Civic Offices - 9:30am - 12:30pm - £44 per person

12 Oct 2026 - Civic Offices - 9:30am - 12:30pm - £44 per person

16 Nov 2026 - Civic Offices - 9:30am - 12:30pm - £44 per person

15 Dec 2026 - Civic Offices - 9:30am - 12:30pm - £44 per person

### **Course Description**

The aim for this session is to refresh your knowledge and ensure participants can move and handle individuals safely and effectively. This course is aimed at staff who have previously completed the Handling of People Induction Training and should be attended annually.

### **Who Should Attend?**

This is aimed at experienced care staff working for PCC or the private sector wanting a classroom-based refresher course in the moving and handling of people

### **Training Objectives**

- To balance the safety and wellbeing needs of both individuals and apply the principles of proportionate care, where risk assessed as safe to do so.
- To provide practical demonstrations to encompass basic principles of moving and handling, safe use of equipment and provide optional solutions to reduce risks identified as part of their job role.
- The course aims to provide best practice skills and techniques in relation to current policy and procedures whilst maintaining dignity, safety and wellbeing to all parties.
- You will be given the opportunity to cover any issues you have in your practice and be encouraged to participate in practical solutions.

### **Learning Outcomes**

By the end of this course participants will be able to:

- Define how the current legislation relates to our practice and the responsibilities we have to work in accordance to it.
- Demonstrate how to identify risks and hazards and relate these to safe working practice, when using equipment and manual handling people.
- Demonstrate how anatomy and physiology is linked to safe principles and wellbeing in relation to moving and handling individuals.
- Know where to seek advice from and/or involve others when moving and handling risks are identified.

### **Additional Information**

Please note, considering the practical element of the course, low-heeled shoes that support all the foot and no tight clothing should be worn. Managers should ensure that the staff they nominate are in a state of physical fitness commensurate with being able to undertake the practical elements of this course safely. If in doubt when nominating an individual or needing clarification about the state of physical fitness required undertaking the course safely, please discuss with the Moving and Handling Trainer/Advisor [Karen.Ellins@portsmouthcc.gov.uk](mailto:Karen.Ellins@portsmouthcc.gov.uk) prior to the course.

## **MCA LEVEL 3 - COPING WITH COMPLEXITY IN MENTAL CAPACITY ASSESSMENT**

02 Mar 2027 - Civic Offices - 9:30am - 12:30pm - £44 per person

### **Who Should Attend?**

Registered workers in health and social care providers who want to develop their area of knowledge and skills around MCA

### **Learning Outcomes**

By the end of this course participants will be able to:

- Demonstrate an understanding of the legal test for a lack of capacity as set out in the MCA (2005).
- Be able to employ different approaches and strategies to form an evidence based 'reasonable belief'.
- Be able to identify when is the 'material time' in relation to different types of decision making.
- Be able to summarise 'relevant information' for key decision-making areas.
- Demonstrate an understanding of 'executive function' and 'fluctuating capacity' and approaches that can be used to determine their impact.
- Be able to describe the three levels of lack of capacity in relation to alcohol and substance use.
- Be able to create an assessment plan for clients who do not wish to engage with assessment.

## **MCA LEVEL 3: RESTRICTIONS, RESTRAINT AND DEPRIVATION OF LIBERTY UNDER THE MCA**

11 Jun 2026 - Civic Offices - 9:30am - 4:30pm - £44 per person

10 Nov 2026 - Civic Offices - 9:30am - 4:30pm - £44 per person

18 Mar 2027 - Civic Offices - 9:30am - 4:30pm - £44 per person

### **Who should attend?**

Staff working in a health, social care or a provider setting, who have a good understanding of the mental capacity act and who need to understand what a best interest decision is and how apply the best interest principle.

### **Course Overview**

Be familiar with national progress regarding the Liberty Protection Safeguards and how they may change arrangements

### **Learning outcomes:**

By the end of this course participants will be able to:

- Demonstrate an understanding of the terms 'Necessary' and 'Proportionate' in relation the MCA (2005) and HRA (1998)
- Be able to explain the meaning of 'restraint' within the MCA (2005) and the conditions attached to its use.
- Be able to recognise 'hidden' restrictions in care plans that may need a greater degree of scrutiny and/or authorisation.
- Demonstrate an understanding of Article 5 of the ECHR and be able to apply the 'acid test'.
- Demonstrate an understanding of roles and responsibilities in relation to the Deprivation of Liberty Safeguards (DoLS)
- Demonstrate an understanding of roles and responsibilities in relation to the judicial authorisation of Deprivation of Liberty (Community DoL).

## **MCA LEVEL 2 - PRACTITIONER & PROVIDER SERVICES**

14 Oct 2026 - Civic Offices - 9:30am - 4:30pm - £44 per person

18 Feb 2027 - Civic Offices - 9:30am - 4:30pm - £44 per person

### **Who should attend?**

ASC Practitioners and staff in Provider Services in client facing roles.

### **Course Overview**

The course aims to enable participants already familiar with the basics of the Mental Capacity Act to maximise their skills in assessing mental capacity. It provides an in-depth analysis of the assessment process and incorporates relevant case law guidance from the Court of Protection.

### **Learning outcomes:**

By the end of this course participants will be able to:

- Be clear about the provisions of the Act.
- Explain with practical application the five MCA principles relevant to your role.
- Understand how human rights principles inform good practice when supporting people to make decisions.
- Know how to apply the mental capacity act checklist to undertake structured, evidence based, assessments.
- Be clear about the correct framing of the specific decision relevant to the person's situation.
- Understand the importance of planning an assessment and identifying the information that the person needs to be able to understand, retain, use and weigh.??
- Know the difference between relevant and irrelevant information.
- Explain the difference between understand and use or weigh - what is meant by a 'blank canvas'.
- Recognise the 'protection imperative'
- Understand unwise decision making in the context of mental capacity.
- Establish the causative nexus.
- Understand the concept of best interests and identifying and evidencing best interest decision making.
- Explain the role of the independent mental capacity advocates (IMCA) and when a person will need the support of an IMCA.
- Considered the practical issues and challenges in assessing mental capacity: when to assess? Who should assess? Refusals to be assessed, disputes etc.

## **MEDICATION - EMERGENCY MEDICATION TRAINING**

16 Feb 2027 - Civic Offices - 9:30am - 1:00pm - £44 per person

### **Who Should Attend?**

Frontline care or support staff that may be required to administer emergency medication.

### **Training objectives**

To provide an interactive session involving group activities and discussion.

A practical face-to-face workshop teaching how to manage and treat a seizure with rescue medicines such as buccal midazolam.

Learners have their competence individually assessed by an experienced pharmacist or nurse. Theory is studied using video, case studies, discussion and a comprehensive workbook provided on the day.

### **Learning outcomes**

By the end of this course participants will be able to:

- Understand types of seizure (video clips).
- Individual care plans and seizure record diaries.
- Demonstrate how to provide first aid during a seizure.
- Demonstrate how to prepare the correct dosage of Epistatus.
- Demonstrate when to give midazolam.
- Demonstrate how to administer midazolam (Buccolam and Epistatus) to an individual.
- Explain what vitals to check after giving midazolam and what side effects to look for.
- Demonstrate how to place an individual in the recovery position (if required).
- Demonstrate how to monitor for side effects after administering midazolam.
- Demonstrate how to record the administration of midazolam.

## **MEDICATION - PRACTICAL COMPETENCIES IN MEDICINES ADMINISTRATION (FOUNDATION COURSE)**

06 Oct 2026 - Civic Offices - 9:30am - 4:30pm - £44 per person

### **Who Should Attend?**

All new staff who will be administering medication or assisting with medication

### **Course Description**

This is a one-day practical workshop. Delivered by an experienced pharmacist or nurse, it teaches (and assesses) the skills needed to select, administer, and record medication in all care environments

### **Course Aims**

The aim of the course is to ensure you are competent to deliver medication. You will undertake simulated medicines rounds at three key stages (before, during and at the end of the workshop). Deliberate mistakes are included which you must identify. You will sit these assessments at the start, middle and end of the workshop

### **Learning outcomes**

This is a practical workshop, and you will demonstrate

- How to record medicines taken on time.
- How to record medicines given late or early.
- How to record flexible doses.
- Different options for recording when required medicines.
- How to record when required medicines offered but not taken.
- How to select the correct medication.
- How to check once opened dates and expiry dates.
- How to check cautionary and advisory labels.
- How to give and record medicines in a systematic way.
- How to measure out oral liquids accurately (spoons vs. measuring cups vs syringes).
- How to administer using oral syringes.
- How to apply creams, ointments and barrier creams.
- How to apply transdermal patches.
- How to administer inhalers with spacers.
- How to administer accuhalers.
- How to administer turbohalers and other inhaler types.
- How to apply eye drops, eye gels and eye ointments.

## **PREVENT TRAINING**

30 Apr 2026 - Virtual - 10:00am - 11:00am - £0

23 Jun 2026 - Virtual - 2:00pm - 3:00pm - £0

10 Sep 2026 - Virtual - 10:00am - 11:00am - £0

08 Oct 2026 - Virtual - 2:00pm - 3:00pm - £0

17 Nov 2026 - Virtual - 10:00am - 11:00am - £0

Prevent is part of the UK's counter terrorism strategy. This workshop will help participants to identify the issues and preventative measures from the Government strategy aimed at tackling the radicalisation of individuals, both in the UK and elsewhere (stopping people from becoming a terrorist or supporting terrorists or violent extremists).

The Counter-Terrorism and Security Act 2015 places a legal duty on the local authority to have “due regard to the need to prevent people from being drawn into terrorism”. This includes ensuring frontline staff have a good understanding of Prevent and how to refer when concerns are raised.

### **Training objectives**

This course is open to frontline workers across the public sector or those that engage with vulnerable individuals.

### **Learning outcomes**

By the end of this course participants will be able to:

- Identify Prevent aims.
- Recognise individuals / groups who may be vulnerable to terrorism.
- Explain why some people are able to influence and manipulate others to commit crimes.
- Recognise when a vulnerable individual may be in need of help.
- Describe what help and support is available to vulnerable individuals.
- Describe who can provide support to professionals concerned about vulnerable individuals.

### **Additional Information**

#### **You can expect:**

- An interactive 2-hour workshop facilitated by an experienced Senior Hate Crime Caseworker
- Discussion with Q&A

### **Prevent Training - e-learning**

There are several free e-learning packages available. To access these, please click on the links below.

### **Prevent Awareness**

This offers an introduction to the Prevent duty and explains how it aims to safeguard vulnerable people from being radicalised to supporting terrorism or becoming terrorists themselves.

Site address: <http://www.elearning.prevent.homeoffice.gov.uk>

### **Prevent Referrals**

This package builds on the Prevent awareness eLearning training. It is designed to make sure that when we share a concern that a vulnerable individual may be being radicalised, that the referral is robust, informed and with good intention, and that the response to that concern is considered, and proportionate.

Site address: <https://www.elearning.prevent.homeoffice.gov.uk/preventreferrals>

### **Channel Awareness**

This training package is for anyone who may be asked to contribute to, sit on, or even run a Channel Panel. It is aimed at all levels, from a professional asked to input and attend for the first time, to a member of staff new to their role and organising a panel meeting.

Site address: <https://www.elearning.prevent.homeoffice.gov.uk/channelawareness>

### **Face to Face Training**

For face-to-face training or bespoke training opportunities, please email:  
[prevent@portsmouthcc.gov.uk](mailto:prevent@portsmouthcc.gov.uk)



**The following courses are delivered by the Independence & Wellbeing Team**  
**Adult Social Care**

**Important information about booking your place:**

*'For people working in Portsmouth PO1- PO6 or working in services for Portsmouth residents there is no charge for these courses. For those working outside Portsmouth there is a charge of £44 per person per course'.*

Participants without Microsoft Teams can access the virtual learning session via a link sent to their email address

Spaces on all courses are limited; it is therefore essential that you fully complete our booking form. Your place will only be confirmed once we have received your booking form as we are not able to accommodate people just turning up on the day.

To receive a booking form email  
[asclearning@portsmouthcc.gov.uk](mailto:asclearning@portsmouthcc.gov.uk)  
for all other enquiries Tel: 02392 841762



## **COMMUNITY CONNECTOR OVERVIEW**

22 May 2026 - Virtual - 10:00am - 11:00am - £0

21 Jul 2026 - Virtual - 10:00am - 11:00am - £0

25 Sep 2026 - Virtual - 10:00am - 11:00am - £0

24 Nov 2026 - Virtual - 10:00am - 11:00am - £0

26 Jan 2027 - Virtual - 10:00am - 11:00am - £0

25 Mar 2027 - Virtual - 10:00am - 11:00am - £0

### **Who should attend?**

People who work with individuals who may be lonely and isolated and are wanting to connect back to their communities but lack the confidence in the first instant to do so.

### **Course overview:**

This course will introduce you to the service and inform you of how it may support the individuals you work with. It will cover:

- How the service supports individuals
- What the service can and can't support with
- Case Studies
- How to refer

### **Learning outcomes**

By the end of this course participants will be able to:

- Demonstrate understanding of what the community connector service can offer.
- Describe how the service works with individuals to achieve their goals.
- Understand the criteria and how to refer an individual.



## **INTRODUCTION TO CULTURAL AWARENESS**

24 Jun 2026 - Civic Offices - 9:30am - 2:30pm - £0

30 Sep 2026 - Civic Offices - 9:30am - 2:30pm - £0

25 Nov 2026 - Civic Offices - 9:30am - 2:30pm - £0

24 Feb 2027 - Civic Offices - 9:30am - 2:30pm - £0

### **Who should attend?**

The course is aimed at anyone, professionals and volunteers who would like to develop their practice in working with minority ethnic and other marginalised groups in Portsmouth.

### **Course overview:**

Introduction to cultural awareness gives you an overview of minority ethnic and other marginalised groups in Portsmouth. It explores what culture is and develops participants' cultural competence. The course also looks at barriers that marginalised groups face when accessing services and how they can be overcome.

### **Training objectives**

- Understand the principles of cultural competence.
- Understand the impact stereotyping has on practice.
- Explore the barriers minority communities face when accessing services.
- Develop best practice to engage with marginalised communities.

### **Learning outcomes**

By the end of this course participants will be able to:

- Increase your knowledge about ethnic minority and other marginalised groups in Portsmouth.
- Develop your cultural competence and improve your practice when working with marginalised communities.
- Become more aware of barriers marginalised groups face when accessing services and how they can be overcome.



## **INDEPENDENCE AND WELLBEING TEAM OVERVIEW INFORMATION SESSION**

**Understand, empower, and support people to maintain their quality of life**

27 May 2026 - Virtual - 11:00am - 11:45am - £0

09 Jul 2026 - Virtual - 2:30pm - 3:15pm - £0

17 Aug 2026 - Virtual - 10:30am - 11:15am - £0

08 Oct 2026 - Virtual - 1:30pm - 2:15pm - £0

19 Nov 2026 - Virtual - 2:00pm - 2:45pm - £0

14 Jan 2027 - Virtual - 9:45am - 10:30pm - £0

*Participants without Microsoft Teams can access the virtual learning session via a link sent to their email address*

### **Who should attend?**

All staff, volunteers and community organisations and members, working with people who are living independently within their community or those who have the capacity to regain the ability to do so.

### **Course overview:**

This session gives a complete overview of the work of the IWT in helping the residents of Portsmouth keep well, stay independent and active in the community. The session covers our team purpose, approach, ways of working and client group(s).

This awareness raising session of the IWT will provide participants with understanding of the far-reaching impact of loneliness and social isolation and the projects, services, information and resources available to them from the IWT and wider community opportunities.

### **Learning outcomes**

By the end of this course participants will be able to:

- Understand the purpose of the IWT, who our client group is and the way in which we work.
- Know what projects and services are delivered by the IWT and who to contact for information.
- Develop awareness of local services/groups linked to the IWT priorities and work focus.



## **MAKING EVERY CONTACT COUNT HEALTHY CONVERSATION SKILLS (MECC)**

08 & 15 Jul 2026 - Civic Offices - 09:15am - 1:00pm - £0

02 & 09 Dec 2026 - Civic Offices - 09:15am - 1:00pm - £0

03 & 10 Mar 2027 - Civic Offices - 09:15am - 1:00pm - £0

### **Who should attend?**

People who work with communities to improve their health and wellbeing are ideal candidates for this training. MECC HCS training enhances the skills of those in people facing roles to optimise time spent with individuals by using the four key Healthy Conversation Skills.

### **Course overview:**

Making Every Contact Count - Healthy Conversation Skills (MECC HCS) is an approach that uses the millions of day-to-day interactions that organisations and individuals have with people to support them in making positive changes to their health and wellbeing, by using open discovery questions and active listening skills. MECC HCS is about enhancing the conversations we are already having with individuals. It's not about adding to already busy workloads.

The course is divided into two ½ day sessions set a week apart alongside four e-learning modules to be completed before session two. Both sessions and eLearning must be completed to gain the accredited Royal Society for Public Health certificate.

### **Learning outcomes**

By the end of this course participants will be able to:

- Demonstrate understanding and use of open discovery questions to explore peoples' worlds, to support them to identify barriers to change and find their own solutions.
- Describe the use of the SMARTER planning tool in supporting individuals to set their own goals.
- Demonstrate reflection skills linked to your current practice and show confidence in supporting others towards behaviour change.